1. Introduction

The mechanical and physical quality of fruits depends on several factors: species, variety, pre-harvest (climate, farming techniques) and post-harvest (handling, cooling, storage and distribution) practices [Beni 2001]. Furthermore fruit resistance to physical damage depends on ripening status at the harvest, that is related with the mechanical resistance of the fruits [Alferez 2003; Henriod 2006].

The recent market changes and the increased consumer awareness caused many changes in the properties of the selected varieties, preferring high productivity, short cycle and high pathogens resistance.

Nevertheless, postharvest management is responsible for fruits damages, causing quality deterioration and commercial losses, so it could be necessary to evaluate fruits adaptability to several postharvest operations, comprising conveyance, cooling, packing and storage [Garcia Ramos 2003; Henriod 2006; Zerbini 2003].

During storage, the fruit metabolism (both respiration and transpiration) causes a mass loss (water and sugars), depending on the physiologic properties (climacteric or non climacteric). For example, citrus fruits (non climacteric species) decay slowly if optimal storage conditions (temperature, humidity, volatiles and pathogens control) are applied.

Then, higher is the ripening stage and lower is the mechanical resistance, further serious fruits damages arise from application of unsuitable handling practices during the post-harvest management [Cerruto 2004; Crisosto 2001; Mohammed 2000; Mohsenin 1986; Opara 2007].

Even though many Authors evaluated the efficacy of individual postharvest operations on the fruits quality, comparing several ripening stages and varieties [Bollen 2001; Bollen 1990; Garcia 1995; Laykin 1999; McGlone 1997] it is important to assess the effects of combined postharvest operations on the fruit quality. In fact during postharvest processing, fruits undergo several operations (washing, waxing, sorting, packing) that could cause mechanical damages, due to the collisions, among the fruits, with the equipment stuff and with the package material [Gan Mor 2000].

Mechanical damage has two consequences: bruise appearance and peel wounds, which reduce the commercial value of the fruit [Baritelle 2001; Mohsenin 1986]. Particularly for orange fruits, mechanical damage can permanently deform the albedo vegetal tissue, involving the breaking of the oleiferous cells, and consequently a decreasing shelf-life.

In fact, a damaged fruit is subject to a wide rot development which extends to the nearby fruits [Brown 2000; Skaria 2003].

The fruit impact evaluation requires the availability of an object similar to the fruit, by volume and weight, which could both measure and record the collision frequency and intensity while it goes across the processing line, and doesn’t interfere with it [Bajema 1998a; Bajema 1998b; Ragni 1998].

A response for this requirement is represented by the instrumented sphere (IS100 device), also known as “pseudofruit”, which can be placed on the processing line to measure and record all the received collisions [Blandini 2007; Blandini 2005; Blandini 2003; Delwiche 1996; Di Renzo 1997; Miller 1991; Tennes 1988; Zapp 1990].

In this article Authors propose a calibration curve for the evaluation of mechanical damage threshold for oranges, then the IS100 was used on several calibration lines both to evaluate the damage points and to reduce the mechanical damage on the handled fruits.

2. Materials and methods

An instrumented sphere IS100 (see fig. 1), supplied with both a measuring and recording system,
manufactured by Techmark Inc., Lansing, MI (131.06 grams of mass and 63 mm diameter) was used to evaluate the produced impacts.

To obtain the critical damage curve as a threshold curve that allows to assert a probabilistic damage to the fruit (e.g. to the 10% significance level), both several falling heights and materials were tested.

The IS100 device fell respectively onto an hard surface (steel) (heights from 1 to 15 with increment of 1 cm, 20 and 25 cm), a neoprene surface (7 mm thickness, 36.9 kg/m³ density, heights from 1 to 30 with increment of 1 cm, and 35 cm), a foam rubber surface (5 cm thickness, 26.2 kg/m³ density, heights from 1 to 25 with increment of 1 cm, 30, 35, 40 and 45 cm), and a layer of citrus fruits (heights from 1 to 25 with increment of 1 cm, 30 and 35 cm), to simulate the collisions among the fruits.

The IS100 device also fell respectively (heights of 15, 25 and 35 cm) onto an hard surface (steel), a neoprene surface (7 mm thickness, 36.9 kg/m³ density), and a layer of citrus fruits, to simulate the collisions among the fruits.

To reduce or eliminate the error due to the throw of the fruit from the operator, a specific device was built up (see fig.2).

Orange fruits (Navelina cv.), provided from the Prometas Cooperative Association (Policoro, Basilicata, Italy), were carried to the laboratory, sorted and divided into groups. The average characteristic property values of the oranges used in the trials are reported in table 1.

For the falling trials of fruits altogether 10 orange lots were collected, and each lot was divided into 3 groups of 5 fruits, with the aim to accomplish the trials for 3 falling height and 3 kinds of surface (steel, neoprene and fruits).

Fruit firmness was evaluated by destructive penetrometer test, with a 12 mm diameter probe; maturity stage of the citrus fruits was evaluated using a refractometer on the fruit juice.

Each fruit was weighted and number signed, then the fruits were precooled (6 hours at 10°C) and stored in a cold room (8°C, 94% RH, 32 days).

After 13, 21 and 32 days of storage, weight loss, fruit firmness and sugar content were evaluated on each group of fruits. The values of fruit firmness and sugar content have not been reported in the results section because they didn’t shown any correlation neither with the days of storage neither with the falling heights.

The weight loss increase with respect to the control was used as an index of the fruit damage.

At last, fruit impact damage was evaluated, placing the instrumented sphere (IS100 device) on the processing line for several kinds of sorting line

- Mechanical sorting;
- Compact line and mechanical sorting;
- Weighing sorting;
- Optical-volumetric sorting.

Fruit processing line was composed of: discharging fruits in bins, washing, brushing, waxing, drying, sorting, calibrating and packaging.

The instrumented sphere (IS100 device) was placed at the beginning of the processing line, among the fruits in the bins.

### 3. Results from fall tests of instrumented sphere by various heights onto various kinds of materials

In figure 3 are reported the recorded impact versus acceleration values for IS100 device falls onto the several tested materials.

Each curve shows, for a specific material, the calculated impact velocity (as \( \sqrt{2gh} \), where “g” is the gravity acceleration and “h” is the falling height) and the “velocity change”, obtained as the integral of the acceleration curve (like a “bell”) before and after the acceleration peak detected: this is done by the IS100 internal software.

The measured values show a direct correlation between the calculated velocity and the acceleration, except for the impact of IS100 device on fruit, due to the difficulty to carefully hit the target fruit and further to inelastic behavior of fruits at the high impact velocities.

<table>
<thead>
<tr>
<th>Average diameter (mm)</th>
<th>Weight (g)</th>
<th>Firmness (12 mm diameter probe) (kg)</th>
<th>Sugar content (°Brix)</th>
</tr>
</thead>
<tbody>
<tr>
<td>85.58 (3.76)</td>
<td>281.18 (32.29)</td>
<td>3.05 (0.36)</td>
<td>9.30 (0.27)</td>
</tr>
</tbody>
</table>

**Table 1** - Average characteristic property values of the oranges used in the trials, with standard deviation in parenthesis.
4. Correlation between impacts of instrumented sphere and citrus fruits damages

A previous analysis of the damage critical points, due to the fruits impact on the several tested stuffs (rigid surface, neoprene, fruits) was evaluated, before using the IS100 on the processing line.

With this aim a variance analysis (Two-way ANOVA) [MATLAB Statistic Toolbox Reference 2001; Snedecor 1989] for the weight loss was performed, with respect to the falling height and the storage period; the analysis shows that there is a significant variation at 5% significance level; moreover at 1% significance level a significant variation was shown only for falls onto the rigid surface.

The data (see tab. 2, tab. 3 and tab. 4) show that, as expected, the weight loss increased as both the impact energy and the impact surface rigidity increased.

Furthermore was performed a post-hoc analysis of multiple comparison test of averages in order to evaluate both the significance level between cold storage days for each of the falling heights and between falling heights for each of the cold storage days, assuming as null hypothesis the equal averages of weight loss percent.

<table>
<thead>
<tr>
<th>Days of cold storage</th>
<th>Falling height (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>0 (control)</td>
</tr>
<tr>
<td>13</td>
<td>-2.48 % aA</td>
</tr>
<tr>
<td>21</td>
<td>-3.04 % aB</td>
</tr>
<tr>
<td>32</td>
<td>-4.35 % aC</td>
</tr>
</tbody>
</table>

Table 2 - Data of the weight loss of fruits fall on fruits (equal lower case letters means no significance at 10% level along the rows, equal upper case letters means no significance at 10% level along the columns).

<table>
<thead>
<tr>
<th>Days of cold storage</th>
<th>Falling height (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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<td>-3.04 % aB</td>
</tr>
<tr>
<td>32</td>
<td>-4.35 % aC</td>
</tr>
</tbody>
</table>

Table 3 - Data of the weight loss of fruits fall on neoprene (equal lower case letters means no significance at 10% level along the rows, equal upper case letters means no significance at 10% level along the columns).

<table>
<thead>
<tr>
<th>Days of cold storage</th>
<th>Falling height (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>0 (control)</td>
</tr>
<tr>
<td>13</td>
<td>-2.48 % aA</td>
</tr>
<tr>
<td>21</td>
<td>-3.04 % aB</td>
</tr>
<tr>
<td>32</td>
<td>-4.35 % aC</td>
</tr>
</tbody>
</table>

Table 4 - Data of the weight loss of fruits fall on rigid surface (equal lower case letters means no significance at 10% level along the rows, equal upper case letters means no significance at 10% level along the columns).
The results bring an overall significance level below or equal to 10% only for the sampling after 13 days of cold storage (as reported in tab. 2, tab. 3 and tab. 4) for each tested stuff; the other data don’t have so strong statistical evidence. For this reason the 13 days storage sampling time has been used to design the model of the critical damage curve.

In order to evaluate the damage critical curve firstly a threshold value for the weight loss was fixed, equal to the 10% of the value of the control weight loss: thus weight loss values bigger than the threshold one must be considered unacceptable, and the fruit damaged; therefore, once fixed the sampling time (in this case the first sampling occurred after 13 days), the critical falling height were calculated from the experimental data (overall significance level below or equal to 10%), equal to 5.9, 12.2 e 15.6 cm, respectively for rigid surface, neoprene surface and fruit layer, as shown in figure 4; to this aim a linear dependence of the weight loss versus the falling height is supposed to occur in the first sampling period of 13 days, this working hypothesis was confirmed by the linear relation existing between the experimental data as shown in fig. 4 (a statistical analysis of linear dependence brings a p-value<0.003 and R² >= 0.996), furthermore the weight loss is dependent also from the impacted material; in the subsequently sampling periods the linear relation between data is very weak due to other effects that affect the fruits’ weight loss. Moreover a linear relation was used (as shown in fig. 4) between the weight loss and the falling height also because the “logistic regression” between impact energy and probability of damage is nearly linear at lower impact energy [Bollen 2001; Desmet 2004; Schulte 1991; Van Linden 2006].

Because the weight loss increase of the control was used as an index of the fruit damage and stated that as threshold value for the weight loss was fixed to the 10% of the value of the control weight loss, this means that a weight loss lesser than 2.73% in comparison with the control fruits (2.48%) has to be considered as an acceptable damage with a probability of 90%.

Then the calculated critical heights were used to determine the critical impact velocities, as \( \sqrt{2gh} \); these values provide the effect of the impact (for the same height and the same stuff) on the instrumented sphere. The calculated critical points are shown in figure 5, for each tested stuff; these points allow the research of the critical acceleration peaks as measured from the IS100 device in the same energetic conditions.

Entering the values of the critical acceleration peaks as obtained from fig. 5 into fig. 3(b) we obtain the three critical “velocity change” points, equal to 1.69 m/s, 2.86 m/s and 1.90 m/s, respectively for rigid surface, neoprene surface and fruit layer; then entering the values of these three critical points (velocity change, acceleration peak) into the IS100 software we allow to the IS100 internal software the detection of the critical damage curve for orange fruits (Navelina cv.).

Furthermore by the interpolation of the previous three critical points with a suitable function of power law type we obtain the critical damage curve equation for orange fruits (Navelina cv.):

\[
\text{Velocity Change} = 3.9793 \times (\text{Acceleration Peak})^{-0.1489}
\]

This critical damage curve allows the evaluation of the damage points along the sorting and packaging line, in oranges processing, using the IS100 device. The found critical points and the related damage curve equation are in good agreement with the expected storage life of the product when the damage impacts are kept below the critical damage curve threshold values.

5. Results from the tests on the sorting and packaging lines

The IS100 device allows the evaluation of both the collisions number (collision frequency) and intensity due to the sorting-packing line. This is a fundamental knowledge to compare the several sorting-packing so-
olutions, with the aim to reduce or eliminate fruits damage and to improve the overall quality.

Generally data show that there is not a specific operation more injurious than others, except the packaging using bags-filler. Even if old, processing lines don’t damage the oranges as long as they are both well assembled and well maintained (see fig. 6, fig. 7).

Figure 8 shows that bags filler, and particularly the fruit discharge step of the packaging represent the critical operations for fruit damage. Particularly it could be considered that:

• sorting system doesn’t work out any influence on the fruit, in fact both mechanical (figure 6) and volumetric (figure 7) sorting don’t produce any stress as data demonstrate; even though the mechanical sorting system leads to the falling of the fruits on the lower conveyor belt, proper systems (for example blankets or curtains) could be used to reduce the impact;

• the presence of bins filler produces an essential difference among the lines, because increases collisions, both for number and intensity;

• bag-filler produces both high number and intensity collisions, particularly, the chamber emptying system (based on the weight control) and the conveyor duct, which carries the citrus fruits to the package seem careless about the fruit quality preservation. Data show that, both for bags and mesh filling, machines cause an excessive hit for fruits, especially for height more than 60 cm;

• often hits exceed the damage threshold because of a wrong line assembly of the machines constituting the sorting-packing line, this can be observed, for example, when fruits like peaches or tomatoes are sorted modifying lines originally designed for citrus.

Table 5 shows that discharge step for filling the bag is the most dangerous operation for fruits. In fact, for example, for packaging step, the instrumented sphere recorded values higher than the critical threshold, while sorting-section results more gentle.

So electronic (optic volumetric) sorting systems are suitable for processing several kinds of fruits, like peaches, while mechanical sorting systems need some introduced changes to avoid damages and they cannot be used for all kinds of fruit (see tab. 5).

The assumption that values of the weight loss above the 10% threshold of the control sample lead fruits to damage has resulted acceptable considering the trials carried out on industrial packing plants.

6. Simple improvements for orange packing lines

To evaluate the feasibility of reducing the oranges damages for both sorting and packaging, simple modifies were planned and carried out, using neoprene layers on the steel surfaces mainly involved in causing the fruits hits.

Especially packaging machine was modified, comprising its fruit discharge system; 7 mm neoprene layers (36.9 kg/m³ density) were used to cover the entire surface responsible for fruits hit (see fig.8). Moreover the filling duct was covered using neoprene layers and supplied with neoprene fins, to reduce the fruits velocity falling downward.
Preliminary tests were carried out to evaluate the efficiency of the suggested solution and to optimize it, particularly for the number of fins and their inclination, using a 7 mm thick neoprene layer, the instrumented sphere (1 meter falling height) and the discharge duct (with and without the neoprene fins).

Figure 9 shows that for 1 meter falling height and with three neoprene fins (staggered 45° angle disposition) a velocity decrease within the threshold value to reduce impact damages was observed.

Figure 10 shows the obtained data for reproducing the laboratory scale modifies on the packaging machine during fruit processing; it underlines that in the presence of the neoprene fins it’s possible to eliminate the dangerous collisions without any decrease in the process productivity.

7. Conclusions

In this paper a calibration curve for the evaluation of mechanical damage on orange fruits was evaluated, comparing different packing lines and using the IS100 instrumented sphere as testing fruit. Results allow the opportunity to evaluate mechanical damage of orange fruits during sorting – packaging operation. The critical damage curve defined the incidence of the damages during the orange fruits processing and packaging, due to both the collisions frequency and intensity.

Preliminary laboratory tests were made to evaluate (the actual) fruits damages due to specific sorting conditions (fruit falling on both hard surfaces and/or other fruits). Measured values about the falling damage tests on various kinds of materials show a direct correlation between the calculated velocity and the acceleration, except for the impact of IS100 device on the similar fruits, due to the difficulty to carefully hit the target fruit and to inelastic behavior of fruits at the high impact velocities.

A variance analysis (Two-way ANOVA) for the weight loss was performed and a significant variation at a 5% significance level was found (at a 1% significance level a significant variation was shown only for falls onto the rigid surface). As expected, the weight loss increased as both the impact energy and the impact surface rigidity increased at sampling after 13 days of cold storage with an overall significance level below or equal to 10%.

Afterwards the instrumentation was tested on the orange processing line, inside a fruit and vegetable processing store.

Data show that the fruit discharge (bins or boxes discharge) and the packaging step are the most critical operations in order to reduce or eliminate the fruits collisions and the consequent damages.

Tests demonstrate that using neoprene layers or fins (minimal neoprene density of 30 kg/m³) to cover the steel surfaces on the processing line, allows to completely eliminate the dangerous collisions, without any decrease in the process productivity.
<table>
<thead>
<tr>
<th>Operation</th>
<th>Compact line</th>
<th>Mechanical sorting line</th>
<th>Optical-volumetric system</th>
<th>Packaging system</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>With end-line packaging</td>
<td>Without end-line packaging</td>
<td></td>
<td>String bags Stack Envelope</td>
</tr>
<tr>
<td>Bin/Box discharging</td>
<td>76.6 (3.10) 86.6 (2.77) 167.5 (2.03)</td>
<td>112 (3.68) 91.5 (3.17) 209.3 (2.64) 55.5 (2.57) 130.7 (2.16)</td>
<td>85.3 (2.00)</td>
<td>76 (3.40) 367.1 (3.63) 79.2 (2.21) 231.9 (2.67) 198.3 (2.04)</td>
</tr>
<tr>
<td>First dumping</td>
<td>* *</td>
<td>43.6 (3.39)</td>
<td>* * *</td>
<td></td>
</tr>
<tr>
<td>First sorting</td>
<td>* *</td>
<td>* * *</td>
<td>* * *</td>
<td></td>
</tr>
<tr>
<td>First conveyor belt</td>
<td>166.6 (2.11) 215.6 (2.14)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Second conveyor belt</td>
<td>Fruit Raising</td>
<td>71.2 (3.90) 143 (3.91) 131.6 (2.32)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Washing</td>
<td>Fruit Raising</td>
<td>88 (2.28)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Brushing</td>
<td>32.5 (1.89)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Preliminary Drying</td>
<td>Waxing</td>
<td>41.4 (2.40)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Drying</td>
<td>37.4 (0.91)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sorting</td>
<td>37.9 (2.37) 62.8 (2.22) 73.5 (2.17)</td>
<td>51.6 (2.77)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fruit raising</td>
<td>67.1 (2.19)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sorting line conveyor</td>
<td>49.7 (2.40)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grading</td>
<td>Singling</td>
<td>* *</td>
<td>* * *</td>
<td>* * *</td>
</tr>
<tr>
<td>Packaging line feeding</td>
<td>182 (2.13) 85.6 (3.27)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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Di Renzo G.C., Altieri G. Attrezzatura per il monitoraggio delle sollecitazioni meccaniche subite dai frutti durante le operazioni post-raccolta. [A device to monitor the mechanical stresses suffered by fruits during postharvest...
SUMMARY

Oranges quality is strictly dependent on their variety, pre-harvest and post-harvest practices. Especially post harvest management is responsible for fruits damages, causing quality deterioration and commercial losses, as underlined by many authors, which studied the influence of individual post harvest operations on the fruit quality. In this article Authors, using an instrumented sphere (IS 100) similar for shape and size to a true orange, showed a method for the control of orange damages along the processing line. Results allow a fundamental knowledge about the critical damage curve, which defines the incidence of the damages during the oranges processing and packing. Data show that the fruit discharge (bins or boxes discharge) and the packaging step are the most critical operations in order to reduce or eliminate the fruits collisions and the consequent damages.

Keywords: orange, instrumented sphere, IS100, mechanical damage, handling, packing.